

SHS Track & Field - Top Ten All-Time

This list was compiled from results from 2003-2017. Many marks that should be on this list cannot be found. If you have information on older marks that could be included, please email them to jeff.wales@nebo.edu.

100m

Brennen Rymer	10.80	2017
Jake Johnson	10.87	2014
Tim Fisher	10.91	1991
Sean Holloway	10.98	2018
Jessi Noll	10.99	2013
Andy Mecham	11.08	2005
Brady Gatewood	11.09	2009
Taylor Cannon	11.12	2015
Zach Gardanier	11.17	2011
Kalin Snapp	11.28	2013

100m

Kaisa Rosenberg	11.90	2010
Aimee Wheeler	12.44	2012
Natalie Young	12.45	2009
Kennedy Clement	12.48	2016
McKayla Montgomery	12.49	2014
Sarah Duncan	12.58	2010
Lexi Eaton	12.60	2011
Kami Warner	12.62	2017
Lindsay Bailey	12.75	2009
Ciara Snapp	12.78	2016

200m

Brennen Rymer	21.79	2017
Jake Johnson	21.82	2014
Jessi Noll	22.11	2013
Andy Mecham	22.12	2005
Sean Holloway	22.24	2018
Zach Gardanier	22.24	2011
Taylor Cannon	22.43	2015
Kalin Snapp	22.60	2013
Spencer Whittaker	22.62	2009
Stephen Jones	22.64	2009

200m

Kaisa Rosenberg	24.62	2011
McKayla Montgomery	25.19	2014
Mindy Stapel	25.24	2013
Natalie Young	25.35	2009
Kennedy Clement	25.53	2016
Lindsay Bailey	25.56	2008
Lexi Eaton	25.96	2011
Aimee Wheeler	26.02	2012
Teija Rosenberg	26.03	2015
ChaiDee Woods	26.24	2010

400m

Haden Penrod	48.80	2017
Taylor Cannon	49.17	2016
Jon Wasden	49.45	1992
Andy Mecham	49.52	2005
Brennen Rymer	49.79	2017
Sean Holloway	50.35	2018
Trevor Church	50.97	2012
Jalon Miyasaki	51.03	2012
Jake Johnson	51.23	2014
John Davis	51.49	2007

400m

Kaisa Rosenberg	55.59	2011
Natalie Young	56.45	2009
Angie Todhunter	56.93	1993
Kennedy Clement	57.82	2016
ChaiDee Woods	58.24	2010
Jessie Bench	58.60	2005
McKayla Montgomery	58.74	2014
Brooke Larson	58.83	2011
Lyndsay Bailey	59.10	2009
Teija Rosenberg	59.23	2018

800m

Haden Penrod	1:50.79	2017
Grant Gardner	1:54.13	2018
Devin Pancake	1:54.40	2018
Brandon Garnica	1:57.65	2017
Gary Hatch	1:57.94	2009

800m

Heidi Sumsion	2:13.97	2018
Angie Todhunter	2:14.79	1993
Heather Witney	2:17.77	1989
Julie Sumsion	2:17.93	2016
Megan Robinson	2:19.10	2013

Rex Shields	1:57.97	2006	Megan Marchbanks	2:22.94	2012
Spencer Gardner	1:58.16	2008	Kate Hullinger	2:23.20	2012
Daniel Jones	1:58.37	2011	AnnaBeth Templeman	2:23.54	2018
Phil Mecham	1:58.70	2006	Kelsie Hadlock	2:23.98	2008
Taylor Gardner	1:59.60	2005	Mariah Skinner	2:28.64	2017

1600m

Haden Penrod	4:10.11	2017
Grant Gardner	4:10.90	2018
Brandon Garnica	4:16.21	2018
Spencer Gardner	4:18.01	2008
Devin Pancake	4:18.24	2018
Rex Shields	4:21.40	2006
Joseph Christensen	4:21.40	2010
Gary Hatch	4:21.95	2009
Taylor Gardner	4:22.80	2005
Owen Gardner	4:29.81	2013

1600m

Julie Sumsion	5:02.22	2016
Heidi Sumsion	5:02.33	2018
Melanie Child	5:08.46	1985
Megan Robinson	5:10.15	2013
Heather Whitney	5:10.97	1991
Stephanie Christensen	5:18.20	2008
Kristen Shaw	5:19.38	1991
Angie Todhunter	5:20.17	1993
Kate Hullinger	5:24.66	2012
Ella Park	5:26.19	2017

3200m

Grant Gardner	9:06.57	2018
Brandon Garnica	9:10.01	2018
Rex Shields	9:25.36	2006
Spencer Gardner	9:30.90	2008
Devin Pancake	9:33.96	2018
Haden Penrod	9:39.46	2017
Caleb Garnica	9:40.71	2018
Joseph Christensen	9:41.34	2011
Owen Gardner	9:43.72	2013
Tyler Ercanbrack	9:59.37	2013

3200m

Julie Sumsion	11:07.09	2015
Heidi Sumsion	11:07.11	2018
Stephanie Christensen	11:29.68	2008
Aubrey Argyle	11:29.89	2000
Ella Park	11:54.52	2017
Mariah Skinner	11:59.90	2018
Meggie Savage	12:10.33	2009
Kaitlyn Gee	12:19.94	2017
Hannah Lutz	12:20.90	2010
Arica Scheetz	12:22.02	2008

110 HH

Cory Pierson	14.41	2007
Dallen Stark	15.14	2013
Jeremy Jay	15.38	2011
Tanner Nackos	15.42	2009
Darin Humble	15.79	2018
Chris Ohman	15.88	2018
Mitchell Rose	15.91	2013
Sam Wright	16.30	2006
Tyler Strong	16.37	2017
Tyler Wright	16.39	2016

100 IH

Maxine Poulson	14.20	1980
Mindy Stapel	14.73	2013
Allissa Huffaker	14.91	2008
Brooke Larsen	15.61	2010
Genna Murray	15.98	2015
Malia Nawahine	16.10	2012
Lauren Pilcher	16.60	2012
Sarah Duncan	16.78	2008
Leah Holden	16.78	2007
Taralyn Gervais	16.89	2018

300 IH

Jeremy Jay	38.96	2011
Tanner Nackos	40.75	2009
Tyler Strong	40.33	2018
Darin Humble	41.00	2018

300 LH

Mindy Stapel	43.88	2013
Allissa Huffaker	44.08	2008
Genna Murray	45.01	2015
Sarah Duncan	45.60	2010

Steven Krutsch	41.02	2010	Malia Nawahine	46.48	2012
Dallen Stark	41.20	2013	Brooke Larsen	46.74	2010
Cory Pierson	41.22	2007	Evy Etherington	48.54	2018
Hunter Nelson	41.50	2010	Emilee Eager	48.85	2009
Jared Jay	41.64	2009	Evy Etherington	49.00	2018
Michael Bartholomew	41.90	2012	Renee Swapp	49.41	2015

Long Jump

Ben Finley	22-10	2000
Andy Mecham	22-4.5	2005
Zach Gardanier	22-01	2011
Mitch Maye	21-09.50	2012
Zak Erikson	21-04	2004
Justin Ollerton	21-01.50	2014
Enoch Campbell	20-03	2007
Jake Johnson	20-03	2013
Jesse Lewis	20-02	2009
Simon Taylor	19-06	2017

Long Jump

Aimee Wheeler	18-00.75	2011
Mindy Stapel	17-11.5	2013
Kennedy Clement	17-10.5	2016
Jennifer Allen	17-07.5	1985
Lexi Eaton	16-08.5	2011
Alexis Delange	16-07	2014
Holly Sumsion	16-06	2012
Madison Walker	16-02	2018
Caitlyn Mecham	15-05	2007
Abby Holman	15-05	2015

High Jump

Chris Ohman	6-6	2017
Nick Augustus	6-6	2000
Jonathan Holman	6-5	2018
Dallin Stark	6-4	2014
Steven Krutsch	6-3	2009
Nathan Israelsen	6-2	2011
Jason Freeman	6-1	2005
Enoch Campbell	6-1	2007
Tom Carroll	6-0	2006
Andy Mecham	6-0	2004

High Jump

Lexi Eaton	5-10.5	2011
Mary Ifediba	5-8	1997
Mindy Stapel	5-6	2013
Natalie Young	5-6	2008
Alexis Delange	5-01	2014
Holly Sumsion	5-01	2013
Emma Graves	5-01	2013
Hannah Lutz	4-10	2009
Audrey Penrod	4-09	2012
Kennedy Clement	4-09	2017

Shot Put

Eli Herring	61-01	1987
Grant Evans	54-11	2012
Evan Benson	51-03	2012
Nikolas Grosland	50-01	2015
Brody Swanson	46-10	2010
Bradyn Jackson	45-00	2018
Nathan Brush	43-11	2013
Zach Hansen	43-10	2014
Will Pendleton	43-06	2007
Gavin Diede	42-08	2017

Shot Put

Linda Burt	43-11	1985
Cassie Pope	34-07	2004
Shayne Stevens	31-03	2007
Rielly Fonohema	31-02	2016
Tyree Strong	30-10	2017
Kaylee Whittaker	30-10	2015
Shayni Brailsford	30-09	2012
Nichole Campbell	30-06	2006
Marie Conover	30-03	1990
Marlynn Deede	30-02	2018

Discus

Eli Herring	177-09	1987
Todd Jackson	167-00	1991
Grant Evans	151-05	2012

Discus

Linda Burt	138-11	1985
Tyree Strong	102-11	2016
Rielly Fonohema	100-07.75	2015

Nathan Brush	145-00	2013	Shayne Stevens	101-03	2007
Nikolas Grosland	142-04	2015	Abby Mangum	99-01	2015
Brody Swanson	130-02	2010	Marie Conover	95-03	1990
Hayden Diede	128-05	2015	Shayni Brailsford	93-00	2012
Noah McCray	127-07	2016	Kaylee Whittaker	91-06	2015
Seth Harward	126-06	2018			

Javelin

Danny Small	191-01	1988
Ryan Crandall	175-04	2006
Chase Clement	170-00	2018
Evan Benson	169-01	2012
Enoch Campbell	163-09	2006
Caleb McCray	161-09	2012
Quinn Alleman	148-02	2013
Michael Swasey	146-07	2010
Gunther Snodgrass	146-02	2016
Tevan Nuttall	141-09	2015

Javelin

Nichole Campbell	120-11	2006
Linda Burt	117-09	1985
Marlynne Deede	102-03	2018
Kaitlyn Metler	96-01	2018
Lauren Deede	95-05	2018
Ceci Sumsion	92-07	2016
Brooke Holman	91-04	2011
Kimmie Anderson	89-10	2015
Mikayla Miyasaki	87-04	2017
Allison Bailey	86-05	2014