

WHY OUR KIDS WITH SPECIAL NEEDS STRUGGLE WITH RESILIENCE--AND WHAT TO DO ABOUT IT!



As parents, we want our children with special needs to be better emotionally resilient--able to handle life's ups and downs. "Resilience" isn't inherited, but learned, and knowing resilient skills can help children AND parents be more emotionally resilient with the challenges of raising children with special needs. Come learn scientifically-based techniques that can help you teach your children the "soft skills" of future success.

Pre-registration requested.

Register at: <https://conta.cc/2DuKbv1>

Parents only; Childcare not provided.

Questions? heidi@utahparentcenter.org

**THURSDAY
FEBRUARY**

21

7-8 PM

**Nebo School District Office
CTE Building, 350 S. Main St.,
Spanish Fork**

Attendees at this workshop will receive a "priority ticket" for the upcoming Parent Pampering Event (which is not open to the general public--only to parents who have attended a Nebo Workshop.)

